



S.D. NEWSLETTER

March Edition

➔ START

Principal's Message

This month, we have witnessed and lived through immense joy! We have celebrated many victories! We have gone through the real meaning of success, genuine success!

Our students went to different parts of Lebanon and the world and came back overwhelmed with gratitude. From Dubai, to Harvard, to South Africa, to Egypt, to LAM Jbeil, to IC Beirut... they all brought back different experiences, exceptional certificates, and shiny medals that reflected not only their skills, but also their true characteristics, their leadership talents, and their international mindedness.

Our 3S students, the ones who have been confined for almost three years, the ones who have lived the Beirut blast, the plummeting of our economy, the downfall of the banking system, the collapse of the Lebanese Government, the very same ones who are going through the disgrace of the medical system, and unfortunately now, the degradation of the education system, our 3S students have had their first encounter with a part of their capital city, Beirut.

Beirut, the city that was destroyed and rebuilt seven times in her 5,000 year-history, revealed itself to our young people through the beauty and the mysteries she preserves so well.

Nathalie El Hani



NEXT!

01.

Hello Spring



March 2

Educom Overseas Mini Fair



March 4 & 5

MUN Final Conference



March 8

Teacher's Day Celebration



March 15

1SA Spiritual Retreat



March 16

3S Field Trip



March 21

3S Mother's Day Event



March 23

IELTS Mini Fair Study Abroad



March 22

1SB Spiritual Retreat



March 29

1SA Spiritual Retreat

*Upcoming
Events*

02.

HAPPY EASTER

April 4

15 SAT Sessions

April 6 till April 17

Easter Break

April 19

25E Spiritual Retreat

*Where Did
They Go?*



Emile Bou Chebl— JM Graduate 2016

03.

After graduating from JM in 2016, I went on to pursue my career in the military school, which was my passion ever since I was a child. Everyone discouraged me to engage in this type of career as it carries with it a lot of danger. However, if someone loves what they do, nothing can stop them. During my time in the military school, I faced a lot of challenges from living in a different environment, having to live in difficult situations, and being away from my family; but in the end, all this was rewarding. I have become someone who is able to face a lot of challenges, someone who can protect a country, and a good leader, I hope. It is true this career carries with it a lot of sacrifice; yet, at the same time it carries huge pride. Personally, I would advise everyone to follow their heart, do what they love no matter what challenges and difficulties they will face. Most importantly, do not let anything stop you from enrolling in a career you love. You can contact me on all types of social media to assist in this journey.

04.

May Hayek

Directrice adjointe – Cycle Secondaire

Après avoir décroché une licence en Sciences Sociales et puis un Master 1 en Sociologie de l'Education de L'Université Libanaise, May a entamé sa carrière professionnelle à Jesus &

Mary en occupant le poste d'enseignante de langue arabe au Cycle Élémentaire ; et ceci entre les années 1993 et 2009. Pendant ces années, elle a pu communiquer sa passion et son entrain pour notre langue maternelle.

L'année 2010 a marqué un tournant dans sa vie puisqu'on lui a proposé d'être responsable de cycle à l'Ecole Filles de la Charité à Zouk Mikael et après à Achrafieh. Une belle opportunité qui lui a permis de découvrir les coulisses du système éducatif.

Et puis, en 2022, un nouveau choix s'est fait : retourner à Jesus & Mary après 12 ans d'absence. Cette fois-ci, nous ne la voyons pas dans les salles de classe, puisqu'elle est désormais adjointe à la responsable du Cycle Secondaire. Nous la voyons donc réinvestir les compétences apprises au fil des années.

Si vous passez au Cycle Secondaire, vous ne pouvez qu'être interpellés par son sourire qui réaffirme sa croyance en une génération qui est capable de réinventer le monde grâce à son éducation et ses valeurs.

Qu'il est doux le chemin de retour !

Zoom in on
the team



Here's my story with Taekwondo...

I started playing taekwondo when I was 7 years old. At first, I started to like it though I was struggling with kicking. Few months of practice gave me enough self-confidence to allow me to kick very well, just like other players.

Before the end of 2022, I had the red belt and I participated in a taekwondo tournament, which would grant me the title of Lebanese red belt champion if I won it. However, in the middle of the match, I was extremely nervous because my opponent had won the first rounds.

My coach pushed me and stayed by my side till I won my first three matches.

During the final match, I struggled a lot, for my opponent was taller, so I lost and became 2nd best red belt player in Lebanon.

Now, I have become a black belt..

Peter Katan – 1S A





MUN

06.

Thoughts

Delegates:

MUN is an overwhelming, stressful, tiring, rewarding, indelible, life-changing, amazing experience (with some stress, tears, and breakdowns). It's unforgettable!

Advisors:

Being advisors enabled us to view MUN from a different perspective. We guided and sustained 16 delegates into securing awards. The feeling of pride and joy that stems from such an experience is unparalleled.

Mentors:

Helping MUN delegates is an experience that is fruitful, intriguing, gifting, and tearful. It fills you with pride and impacts you for life.



Teacher's Day and Mother's Day Gratitude and Love

07.

3S Events

To thank our teachers for all the work they put in, we, 3S students, prepared a fun assembly to enjoy the little time we have left with them before we graduate. We started with games and riddles to share with them. We then moved on to presenting a video that included questions related to our teachers' most famous sayings and jokes. To wrap the event up, we prepared certificates for all the teachers of the Division with each teacher's most noticeable trait and feature.

For Mother's Day, 3S students organized an event to sell flower bouquets, plants, balloons, and skincare bundles to students looking for a perfect gift to express their love and gratitude to their mothers. Teachers and students rushed to find ideal presents for their beloved ones. They were even able to mix and match their gifts. Each one of us found a way to give back all the love we receive from our mothers; the event was a huge success.



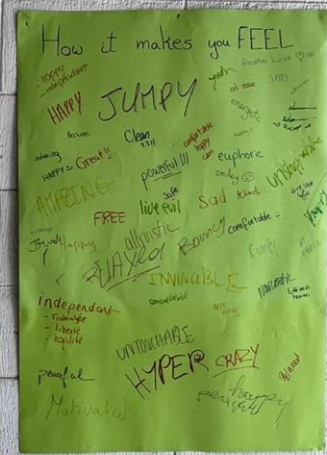
08.



Inspiration
in Action

Mental Health Campaign

As part of their activities, members of the Secondary Division REACT Club and Art Club hosted an event on the promotion of well-being. This event entailed activities which allowed students to learn the difference between mental health myths and facts, as well as healthy and unhealthy coping mechanisms. The aim was to encourage students to draw elements from songs that help them feel optimistic. These activities focus on both raising awareness and promoting positivity within school premises!





SEE YOU NEXT
MONTH!

Stay Tuned 😊

*This is not
a Goodbye*

